

Daily Program



ms Amsterdam

GLACIER BAY | SATURDAY, MAY 22, 2010

DRESS: FORMAL WEATHER: MOSTLY SUNNY 55F/13C

Welcome to Glacier Bay

Over 200 years ago, Captain George Vancouver sailed searching for the Northwest Passage. While Vancouver remained behind, ill in his cabin, First Officer Joseph Whidbey set out to survey the area. Pushing through masses of floating ice, they made their way into a large open bay, blocked at its northern end by a great ice wall, as the massive glacier that filled what we know as Glacier Bay had retreated 50 miles, opening up a brand new waterway. Few visitors other than native seal-hunting Tlingit people had glimpsed this New World. The first to bring it to the attention of the outside world was John Muir, who rode the steamer from Seattle to Wrangell and hired native paddlers to take him north. Along with missionary Hall Young, the party set out in mid-October and despite fierce winds, rain and sleet, the open boat reached Glacier Bay, which is formed by rain-shrouded rivers of ice. Muir's exciting articles brought the first shipload of tourists in 1883 and since then thousands of people have flocked to Glacier Bay. The bay is 65 miles long and filled with fjords and inlets. It is noted for its grand glaciers, jagged icebergs, tremendous mountain scenery, and its plant and wildlife communities. Glacier Bay and the surrounding area were set aside as a National Monument in 1925 and made into a National Park and Preserve in 1980.

LIMITED ACTIVITIES

Due to Glacier Bay National Park regulations events must be kept to a minimum. No sporting equipment will be available for check-out.

SMOKING POLICY

Please note that there is no smoking in public rooms or on the outside decks while in Glacier Bay National Park.

Tonight in the

QUEEN'S LOUNGE

Conversational Comedy with...

Jebb Fink

7:00pm - late seating diners

9:00pm - early seating diners

oceanbar

Cocktails & Dancing with

Crossover

6:30pm - 11:30pm

PIANO BAR

Guitarist Eugene Williams

5:00pm - 9:00pm

Diane Fast

9:00pm - close

9:00pm

Can I Get a Yeehaw?

Explorer's
LOUNGE

Coffees, Cognacs & Classics with

Adagio Strings

7:00pm - 7:45pm

9:00pm - 11:00pm

Crow's Nest

Amy and the HALCats

8:30pm - 10:00pm

Mowtown Hour

10:00pm

Your Explorations Team presents

ON THE MAP

- 8:30am **Alaska Native Culture: The Huna Way of Life**
Queens Lounge, 4 & 5
- 9:00am* **Scenic Cruising Commentary by the Park Rangers Begins**
- 2:30pm **The Wonders of Glacier Bay**
Presented by the National Park Service.
Queen's Lounge, 4 & 5
- 6:00pm **Plan your day ashore with Travel Guide CJ**
She is available to answer your questions.
Atrium, 4

* Approximate time

Holland America Line CULINARY ARTS CENTER FOOD & WINE

- 10:30am- **Dutch Pea Soup is served on deck**
11:00am *Outside Decks*
- 4:00pm **International Beer Tasting \$12.50**
Piano Bar, 5



Digital Workshop

Powered by Windows

- 4:00pm **Insert Photo Here**
Get your photos out of the camera and onto the computer.
Digital Workshop, 5
- 5:00pm **That's A Print**
Printing great cruise photos at home.
Digital Workshop, 5
- 6:00pm **Techspert Time**
Techspert Billy is available to answer questions while you work on your projects.
Digital Workshop, 5

The National Park Ranger, the Interpreter and your Travel Guide are all here to enhance your Alaskan experience. Enjoy this unique opportunity to attend their presentations and listen to their narrations.

Explorations Café
24-hour Internet and Wireless Internet Access. Open Daily.
Explorations Café, 5.

Scenic Cruising Commentary

Narration can be heard in the Crow's Nest, 9, on all outer decks and by tuning into channel 5 of your stateroom radio, as well as on channel 44 of your stateroom television.

Glacier Bay Polar Bear Plunge

Brave the cold and do something you can tell your friends about by taking a swim amongst the Glaciers. Swimmers will be awarded a Polar Bear Plunge Certificate.
12:30pm
Lido Pool, 8 aft

Access to the Bow

Weather and seas permitting, we will provide access to the forward observation deck during daylight hours. To access the bow please use the Lower Promenade doors on deck 3, forward.



Today at a Glance

Mind. Body. Spirit

in association with

THE GREENHOUSE
SPA & SALON

- 8:00am **Fitness Class: Fab Abs**
Greenhouse Spa, 8
- 9:00am **Fitness Class: Yoga \$12**
Greenhouse Spa, 8
- 9:00am-3:00pm **Daily Quiz and Sudoku Available**
Exploration's Café, 5
- 11:00am **Spa Secrets: Powerful Posture**
Greenhouse Spa, 8
- 12:30pm **Glacier Bay Polar Bear Plunge**
Lido Poolside, 8 aft
- 3:00pm **Fitness Class: Pilates \$12**
Greenhouse Spa, 8
- 3:30pm **Golf Putting**
Atrium, 3
- 4:00pm **Fitness Class: Indoor Cycling \$12**
Greenhouse Spa, 8
- 4:30pm **Team Trivia Challenge**
Explorer's Lounge, 5
- 5:00pm **Vigil Mass is Celebrated**
Queen's Lounge, 4
- 8:00pm **Name That Tune Trivia**
Crow's Nest, 9



Check out the "Gameboard" in the Explorations Café to meet other guests with similar interests.

Due to Glacier Bay National Park regulations events must be kept to a minimum

Morning Events

- 7:00am* **The Amsterdam is expected to enter Glacier Bay**
- 8:00am **Fitness Class: Fab Abs**
Greenhouse Spa, 8
- 8:30am **Alaska Native Culture: The Huna Way of Life**
Queens Lounge, 4 & 5
- 9:00am* **Scenic Cruising Commentary by the Park Rangers Begins**
- 9:00am **Fitness Class: Yoga \$12**
Greenhouse Spa, 8
- 9:00am **Daily Quiz and Sudoku Available**
Exploration's Café, 5
- 10:30am **Dutch Pea Soup is served on deck**
Outside Decks
- 11:00am **Spa Secrets: Powerful Posture**
Greenhouse Spa, 8
- 11:00am **Alaskan Jade Jewelry Seminar**
Signature Shops, 5
- 11:30am* **Scenic Cruising of Grand Pacific Glacier and Margerie Glacier**

Afternoon Events

- 12:30pm **Glacier Bay Polar Bear Plunge**
Lido Poolside, 8 aft
- 1:00pm **Chess Players Meet**
Exploration's Café, 5
- 2:00pm **Bridge Players Meet**
Hudson Room, 5
- 2:30pm **The Wonders of Glacier Bay**
Queen's Lounge, 4 & 5
- 3:00pm **Fitness Class: Pilates \$12**
Greenhouse Spa, 8
- 3:00pm **Afternoon Tea is Served**
La Fontaine Dining Room, 5
- 3:30pm **Rare Colored Diamonds Seminar**
Explorer's Lounge, 5
- 3:30pm **Golf Putting**
Atrium, 3
- 3:30pm **Service Club Members Meet**
Ocean Bar, 5
- 4:00pm* **The Amsterdam is expected to depart Glacier Bay**
- 4:00pm **Digital Workshop: Insert Photo Here**
Digital Workshop, 5
- 4:00pm **International Beer Tasting \$12.50**
Piano Bar, 5
- 4:00pm **Happy Hour**
Ocean Bar, 5 & Crow's Nest, 9
- 4:00pm **Fitness Class: Indoor Cycling \$12**
Greenhouse Spa, 8
- 4:30pm **Team Trivia Challenge**
Explorer's Lounge, 5

Evening Events

- 5:00pm **Friends of Bill W. meet**
King's Room, 5
- 5:00pm **Vigil Mass is Celebrated**
Queen's Lounge, 4
- 5:00pm **Eugene Williams Plays Guitar Melodies**
Piano Bar, 5
- 5:00pm **Digital Workshop: That's A Print**
Digital Workshop, 5
- 5:00pm **Ask your Port Shopping Ambassador Bryan**
Shopping Desk, 5
- 6:00pm **Digital Workshop: Techspert Time**
Digital Workshop, 5
- 6:00pm **Plan your day ashore with Travel Guide CJ**
Atrium, 4
- 6:30pm **Dance to the Music of Crossover**
Ocean Bar, 5
- 7:00pm **Showtime: Jebb Fink**
Queen's Lounge, 4 & 5
- 7:30pm **\$2 Slot Tournament**
Casino, 5
- 8:00pm **Name That Tune Trivia**
Crow's Nest, 9
- 8:30pm **Amy & the HALCats**
Crow's Nest, 9
- 9:00pm **Showtime: Jebb Fink**
Queen's Lounge, 4 & 5
- 9:00pm **Can I Get a Yeehaw? with diane fast**
Piano Bar, 5
- 9:30pm **Texas Hold'em Players Meet**
Casino, 5
- 10:00pm **Motown Hour**
Crow's Nest, 9
- 11:00pm **All Request Night with DJ Steve**
Crow's Nest, 9

*Approximate times

Holland America Line vessels follow a strict zero discharge policy while visiting Glacier Bay and other Alaskan ports. We carefully adhere to all regulations regarding waste processing and spill prevention. You can do your part by using the appropriate receptacles for trash and recyclable materials. Please don't throw anything overboard and do not litter.

Food

breakfast

lunch

dinner

<i>La Fontaine</i> DINING ROOM	7:30am – 9:00am	12:00nn – 1:00pm	5:45pm & 8:00pm Open: 5:15pm-9:00pm
Pinnacle grill		12:00nn – 1:00pm	5:30pm – 9:30pm
<i>Canaletto</i>			5:30pm – 9:30pm
Terrace Grill		11:30am – 6:00pm	
Lido restaurant	Continental: 6:00am – 11:00am Full: 7:00am – 10:30am	Full: 11:30am – 2:00pm Partial: 11:30am – 5:00pm	5:30pm – 8:00pm Late Night Snack: 11:00pm – 12:00mn

Pinnacle Grill Reservations

Dial 98

Canaletto Reservations

Dial 88 between 8:00am – 4:00pm

Beverages

Drink of the Day: Klondike Cooler \$5.50

Crow's Nest	10:00am – close	Deck 9
Lido Bar	9:00am – 8:00pm	Deck 8
Seaview Bar*	10:00am – 7:00pm	Deck 8
Casino Bar	10:00am – close	Deck 5
Explorations Café	7:00am – 10:00pm	Deck 5
Explorer's Lounge	6:00pm – 11:00pm	Deck 5
Ocean Bar	10:00am – 12:30am	Deck 5
Piano Bar	7:00pm – close	Deck 5

*weather permitting

Services

Greenhouse Spa	8:00am – 8:00pm	Deck 8
Gymnasium	6:00am – 9:00pm	Deck 8
Jacuzzis	9:00am – 10:00pm	Deck 8
Pools	7:00am – 9:00pm	Deck 8
Casino	4:40pm – close	Deck 5
Explorations Café Library	8:00am – 10:30pm	Deck 5
Future Cruise Consultant	9:00am – 11:00am & 7:00pm – 9:00pm	Deck 5
Port Shopping Ambassador	5:00pm – 6:00pm	Deck 5
Signature Shops & Merabella	9:00am – 11:30pm	Deck 5
Art Director	7:00pm – 8:00pm	Deck 4
Front Deck	24 hours	Deck 4
Photo Gallery	9:00am – 2:00pm & 5:00pm – 11:00pm	Deck 4
Shore Excursions	9:00am – 12:00nn & 3:00pm – 5:00pm	Deck 4
Medical Center	8:00am – 12:00nn & 2:00pm – 6:00pm	Deck 1
Doctor available	10:00am – 11:00am & 5:00pm – 6:00pm	

Today's Movie: Avatar

Wajang Theater, 4

Adventure, PG-13 2 hours 42 minutes

Showing: 4:00pm, 7:00pm & 10:00pm

In the future, Jake, a paraplegic war veteran, is brought to another planet, Pandora, which is inhabited by the Na'vi, a humanoid race with their own language and culture. Those from Earth find themselves at odds with each other and the local culture.

Starring: Sam Worthington, Zoe Saldana & Sigourney Weaver

CASINO

\$2 Slot Tournament
7:30pm – 10:00pm



Alaskan Jade Jewelry
Seminar and Prize Give Away
11:00am

Alaska Apparel Deck Sale
50% Off Original Price
9:30am – 1:30pm, Lido Deck 8

MERABELLA
LUXURY COLLECTION



Merabella Luxury Collection
Chocolate Diamonds Showcase by Le Vian
Champagne Unveiling
3:00pm
Merabella Boutique, 5 Aft

The Fine Art of
HOLLAND AMERICA LINE

Onboard Art Gallery
Visit the Art Gallery this evening and view
works available for purchase during the cruise.
7:00pm – 8:00pm
Art Gallery Deck 4

PHOTO GALLERY

Glacier Bay Photographs
Your Photographers & Videographer will
be on the deck today to capture you &
the spectacular landscape. Have your
photograph taken with no obligation to buy,
your photos will be on display tomorrow
in the Photo Gallery, 4.

Future Cruises

35 Day Voyage of the Vikings
From Boston roundtrip including Iceland,
Greenland, Scotland, England and Ireland.
July 23, 2011. Book onboard to ensure
lowest rates and pay only \$100 down today.
See your Future Cruise Consultant Jayne,
Deck 5 Aft